



ABD

'Acute Behavioural Disturbance'

(Formerly known as 'Excitable
Delirium')



Serving our communities to
make them safer and stronger

CULTURE, VALUES
& BEHAVIOURS

PEOPLE

RESOURCES

PARTNERSHIPS

COMMUNITIES

- **A Medical Emergency which can result in Sudden Death!**



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College of Policing - When a person exhibits violent behaviour in a bizarre and manic way rather than being simply violent

NHS - Sudden onset of aggressive and violent behaviour and autonomic dysfunction, typically in the setting of acute or chronic drug abuse or serious mental illness

Kent Police - A rare form of severe mania, sometimes considered as part of the spectrum of 'manic depressive' psychosis and chronic schizophrenia



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'As previously mentioned':

A Medical Emergency which can result in Sudden Death!

Death is likely to be as a result of:

Cardiac Arrest

Positional Asphyxia



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Not a precise medical condition?

More of an ‘**Umbrella Term**’ for a variety of conditions that can give similar signs and symptoms that can prove to be fatal!



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• What can cause ABD?

Psychiatric Illness

Substance misuse

Some medical conditions:

i.e.

Inflammation of the brain

Respiratory Failure

Urinary Infections



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Signs and Symptoms

Bizarre/Aggressive behaviour

Impaired thinking/Incoherent speech

Hot to touch

Removal of clothing

Disorientation/Hallucination

Sudden Paranoia

Rapid breathing/Strength/diminished sense of pain

Sudden tranquillity after frenzied activity



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• Action – ‘CARES’

Contain rather than restrain

Approach in view

Reduce distractions

Explain what you are doing

Slow down, **s**pace, **s**eek friendly help



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Action

Transport – Where possible - Ambulance
with ambulance crew

ABD = A&E



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Action

Training

Awareness

Restraint Techniques – MAPA (Managing Aggression or Potential Aggression)



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