

WHAT DO YOU SEE?

IS SOMEONE YOU KNOW SUFFERING FROM
DOMESTIC ABUSE?

DO YOU FEEL LIKE SOMETHING IS NOT QUITE
RIGHT IN YOUR RELATIONSHIP?

WHEN YOU ARE READY, WE ARE HERE FOR YOU?

THERE'S NO EXCUSE FOR **DOMESTIC ABUSE.**

DON'T SUFFER IN SILENCE.
WE ARE HERE FOR YOU. WE ARE LISTENING.



women's aid
until women & children are safe

✉ HELPLINE@WOMENSAID.ORG.UK

💬 24/7 TEXT SERVICE

🌐 WOMENSAID.ORG.UK

the blue door

☎ 0800 197 47 87

✉ NFO@THEBLUEDOOR.ORG

🌐 THEBLUEDOOR.ORG

THERE ARE MANY PLACES YOU CAN GET SUPPORT.

STANDING TOGETHER
against domestic abuse

☎ 020 8748 5717

💬 STANDINGTOGETHER.ORG.UK/FURTHER-SUPPORT

🌐 STANDINGTOGETHER.ORG.UK

VS VICTIM SUPPORT

☎ 08 08 16 89 111

💬 24/7 TEXT SERVICE

🌐 VICTIMSUPPORT.ORG.UK

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