

**ANYONE CAN BE
A VICTIM OF**

DOMESTIC ABUSE



THERE'S NO EXCUSE FOR DOMESTIC ABUSE.

DON'T SUFFER IN SILENCE.

WE ARE HERE FOR YOU. WE ARE LISTENING.

■ LIKE A SHADOW OF
YOUR FORMER SELF

■ WORTHLESS

■ ISOLATED AND LONELY

■ LIKE YOU ARE
WALKING ON EGGSHELLS

DO YOU FEEL...

■ UNSAFE AT HOME

■ NOT BELIEVED

■ LIKE YOU DON'T KNOW
WHERE TO GO

■ LOST AND EMPTY

WHEN YOU
ARE READY

REPORT IT

YOU WILL BE LISTENED TO.
YOU ARE NOT ALONE.

