

# lifestyle

# Cyber challenge

## The Challenge

The internet and mobile phones are two of the greatest inventions. They allow you to talk, text, email and instant message your friends, as well as find out lots of information from the wonderful World Wide Web, 24/7, 365.

We want you and other young people to be able to use the internet and mobile technology safely. So we would like you and your friends to help us raise awareness of how to 'connect and stay safe'.

## Ideas - you could

- Ask other young people to complete a survey of what they use the internet and their mobile phones for, this will help you understand what safety advice to offer.
- Create a fun and friendly character that will help you deliver your 'connect and stay safe' message.
- Create a 'connect and stay safe' campaign for other young people that raises awareness of potential issues such as keeping your personal details secure, cyber-bullying, computer viruses and watching out for people who are not who they say they are.
- You might want to consider giving adults advice on how to help young people stay safe too.

## Things to think about

- Make sure you stay safe at all times. Let your parents and guardians know all about your project and what you will be doing on the internet.
- Never 'connect' with someone on social networking sites that you don't know or agree to meet with a stranger you have met online.
- Always have permission from the person who pays for your internet or mobile phone that you are allowed to use it.
- Always make sure you tell an adult where you are going and what time you will be home.

If you need any help whilst completing your project please contact the KC Community Relations team on 01482 602831 or email: [anna.millar@kcom.com](mailto:anna.millar@kcom.com)



good luck and have fun!

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Protecting Communities, Targeting Criminals